



## **GENERAL SAFETY – ATTITUDE AND BEHAVIOUR**

Have you ever noticed that people who are successful in life, or are just happy, tend to have a positive attitude? And so, it is with safety.

Look at it this way – safety rules and procedures are written to protect you from harm. They are not written to make your work life more uncomfortable or inconvenient.

After all, safety equipment and training costs your employer additional up-front money.

If you cooperate in safety matters, not only is there a lesser likelihood of you getting hurt, but you will also not be in a battle with the boss who is just trying to do their job by enforcing the safety rules.

In addition, you should feel more confident on the job knowing you have a better chance of making it through the day without injury. Less fear of injury and the boss no longer on your back has to brighten your day!

Remember, attitude affects behaviour. If you have a positive attitude, odds are you will exhibit safe behaviour. A negative attitude toward safety will only cause conflict, stress and ultimately an accident.