



AFTERTHOUGHTS AND REGRETS

How often have you said or done something and then later thought to yourself ***“How could I have done that?”***

Here are some afterthoughts which unfortunately too many of us have experienced:

- ⇒ That’s how we have always done it before (before the accident occurred anyway).
- ⇒ I should have worn a hard hat.
- ⇒ I should have called the fire department straight away.
- ⇒ I should have used my leg muscles to lift that heavy item.
- ⇒ I should have put my safety shoes on.
- ⇒ Why did I forget my safety glasses?
- ⇒ I shouldn’t have said that.
- ⇒ I should have given it some thought first.

Does any of this sound familiar?

They say hindsight is the only perfect science – but foresight could have avoided the incidents misfortunes and regrets.

HAVE NO REGRETS!